

Courses organised by:

**Executive Counselling &
Training Academy**



CPE Registration No.: 200209120M
Period: 20 June 2014 – 19 June 2018

Degrees accredited and awarded by:



MELBOURNE, AUSTRALIA

Master of Social Science (Professional Counselling)

Graduate Diploma of Social Science (Professional Counselling)

Graduate Certificate of Social Science (Professional Counselling)

Graduate Diploma in Clinical Supervision

Graduate Certificate in Specialist Forensic Assessment and Risk Management



Strategic Partner



EXECUTIVE COUNSELLING AND TRAINING ACADEMY



The **Executive Counselling and Training Academy Pte Ltd** (ECTA) is a Private Education Institution (PEI), founded in October 2002, and registered with the Committee for Private Education (CPE).

(CPE Registration Number: 200209120M; Period: 20 June 2014 to 19 June 2018)

ECTA is committed to fulfilling the learning needs of potential professional counsellors by providing post-graduate courses to individuals interested in counselling as a professional career.

ECTA's degrees are accredited and awarded by **Swinburne University of Technology**.

The three-stage **Master of Social Science (Professional Counselling)** is recognised by the Singapore Association for Counselling (SAC) and the Australian Counselling Association (ACA) for building counselling professionals. The **Graduate Diploma in Clinical Supervision** meets the standards of eligibility for ACA's Professional College of Supervisors.

ECTA'S LOCATION AND CONTACT INFORMATION

Executive Counselling and Training Academy

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EXECUTIVE COUNSELLING AND TRAINING ACADEMY

OUR VISION

To be the leading provider of professional counselling education in Singapore.

OUR MISSION

To provide high-quality courses in professional counselling.

OUR CORE VALUES: P.R.I.D.E.

PROFESSIONALISM: We are committed to being consistent and conscientious at all times.

RESILIENCE: We are mentally resilient in challenging situations.

INTEGRITY: We are honest in all interactions.

DEDICATION: We are dedicated to providing excellent service.

ETHICS: We uphold the highest ethical standards in all situations.

OUR CULTURE

Professionalism is the defining feature of ECTA's culture. We aspire to deliver our courses with integrity to our learners, and engage our stakeholders and strategic partners with professionalism. We engage academic staff who meet the standards of their respective professional bodies and associations. We ensure that our administrative staff conduct themselves with excellence and demonstrate care and support for our learners.

SWINBURNE UNIVERSITY OF TECHNOLOGY



A FUTURE-FOCUSED UNIVERSITY

Established as a university in 1992, Swinburne is a world-class multidisciplinary institution that leads the way in science, technology, business, design and innovation. The university's strengths build on the founding principles of equal opportunity, student-focused learning and industry engagement.

Much of Swinburne's research is concentrated in its specialist centres, which are noted for their industry links, community service and multidisciplinary approach. Graduates are widely recognised for their skills in solving important practical problems through applied, interdisciplinary research and are making significant contributions to industry, business and society both in Australia and globally.

Swinburne has established a strong international reputation and built highly successful relationships with universities around the world. International collaboration with and mobility between partner universities provide Swinburne students with a truly international experience.

UNIVERSITY RANKINGS

Swinburne has received the following enviable rankings:

- 61st university in 2017, in *Times Higher Education Young University Rankings*
- Top 100 universities under 50 years of age in 2016, in *QS World University Rankings*
- Top 200 institutions in the world for science in 2016, in *Academic Ranking of World Universities*
- Featured in Top 200 universities in 2016, in *QS Graduate Employability Rankings*
- Top 400 universities in 2016, in *Times Higher Education World University Rankings*
- Top 450 universities in 2016, in *QS World University Rankings*
- Top 500 universities in 2016, in *Academic Ranking of World Universities*



RESEARCH IMPACT

Swinburne produces outstanding research that is recognised around the world. The university is ranked among the world's top 400 research-intensive universities by the prestigious Academic Ranking of World Universities (ARWU) 2015, and also in their top 100 in the field of Physics.

SWINBURNE ADVANTAGE

Swinburne offers students authentic workplace experiences where they can work on real industry projects, solve day-to-day challenges in their field and gain the professional skills that put knowledge into practice.

SWINBURNE'S CONTACT INFORMATION

Swinburne University of Technology

Faculty of Health, Arts and Design

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COURSE

MASTER OF SOCIAL SCIENCE (PROFESSIONAL COUNSELLING)

The Master of Social Science (Professional Counselling) is a two-year “nested suite” course, comprising the following three stages:

STAGE 1 Graduate Certificate of Social Science (Professional Counselling)		STAGE 2 Graduate Diploma of Social Science (Professional Counselling)		STAGE 3 Master of Social Science (Professional Counselling)		TOTAL
50 Credit Points Contact Hours (182)		50 Credit Points Contact Hours (250)		100 Credit Points Contact Hours (568)		200 C.P 1000 hrs
Lectures	90	Lectures	125	Lectures	277	492
Case Management	28	Case Management	30	Case Management	100	158
Group Supervision	6	Group Supervision	9	Group Dynamics & Interventions	24	39
Individual Supervision	5	Individual Supervision	6	Individual Supervision	12	23
Counselling Direct Contact Hours	10	Counselling Direct Contact Hours	30	Counselling Direct Contact Hours	60	100
Personal Counselling	3	-	-	-	-	3
Related Counselling Activities	10	Related Counselling Activities & Counselling Facilities Experiences	24	Related Counselling Activities & Counselling Facilities Experiences	47	81
Personal Journal	30	Personal Journal	26	Personal Journal	48	104
6 months		6 months		12 months		24 Months

Students may exit after successfully completing each stage and be awarded the respective degree.

The Master of Social Science (Professional Counselling), as a two-year, 1,000-hour course, is recognised by the Singapore Association for Counselling (SAC), and the Australian Counselling Association (ACA).

COURSE

STAGE 1: GRADUATE CERTIFICATE OF SOCIAL SCIENCE (PROFESSIONAL COUNSELLING)

The Graduate Certificate of Social Science (Professional Counselling) is a part-time, 6-month programme consisting of 4 units totaling 182 contact hours. It is the first stage of a 24-month “nested suite” course that also includes Stage 2: Graduate Diploma of Social Science (Professional Counselling), and Stage 3: Master of Social Science (Professional Counselling).

COURSE OVERVIEW

The Graduate Certificate of Social Science (Professional Counselling) is designed to provide counselling practice and training for professionals involved in mental health and social services as well as those in fields where counselling skills play a primary occupational role. The course offers a broad approach to counselling with an introduction to practical counselling skills and the processes of counselling. It also provides opportunities for skills acquisition and application. The course is practical in nature and is tailored to help the Counselling Intern develop an awareness of self, and to obtain a well-articulated understanding of the stages of counselling.

COURSE OBJECTIVES

By the end of the course, graduates will be able to:

- a) gain an understanding of the major counselling approaches;
- b) use counselling processes and intervention;
- c) develop generic helping skills to manage counselling cases;
- d) be aware of professional counselling ethics; and
- e) grow with individual and group supervision.

ENTRY REQUIREMENTS

Applicants should possess a recognised basic degree, diploma, or appropriate professional qualifications (in areas such as psychology, social work, medicine, nursing or education), or have completed recognised counselling training at certificate level, or have appropriate in-service training in a related discipline. Applicants should be at least 25 years of age, demonstrate appropriate motivation and commitment to pursue the course, and provide evidence of appropriate opportunities for counselling practice and supervision. Applicants will be assessed for suitability through:

(a) a face-to-face interview; (b) submission of an essay of 200 words explaining why they have chosen to pursue a counselling programme, and what they intend to do with the qualifications attained; and (c) submission of one character reference from a referee who has good knowledge of the applicant's quality of work and suitability for a counselling programme.

English Language Requirement

Applicants who do not possess at least 4 GCE "O" Level Credits, including for English Language, are invited to attempt the International English Language Testing System (IELTS) and must attain an overall band score of at least 6.5 points.

Recognition of Prior Learning

Applications who do not possess a basic degree, but who have substantial professional experience as defined by the Swinburne University of Technology Recognition of Prior Learning (RPL) criteria, may be admitted into this Stage.

TEACHING METHODOLOGY

Counselling Interns will develop and enhance their counselling skills through an integrated approach based on lectures, role-plays, video viewing, small group discussions and clinical supervision.

UNIT CODES

- PSC60013: THEORIES AND FOUNDATIONS OF COUNSELLING (12.5 Credit Points)
 PSC60014: COUNSELLING PROCESSES AND INTERVENTIONS (12.5 Credit Points)
 PSC60012: SPECIFIC SKILLS IN COUNSELLING (12.5 Credit Points)
 PSC60011: PROFESSIONAL ETHICS AND SUPERVISION (12.5 Credit Points)

COMPONENTS AND CONTACT HOURS

STAGE 1 Graduate Certificate of Social Science (Professional Counselling)			
50 Credit Points Contact Hours (182)			
Lectures	90		
Case Management	28		
Group Supervision	6		
Individual Supervision	5		
Counselling Direct Contact Hours	10		
Personal Counselling	3		
Related Counselling Activities	10		
Personal Journal	30		
6 months			

COMPLETION AND CERTIFICATE AWARDED

Counselling Interns who successfully complete the course, and satisfy Swinburne University of Technology's awarding policy, will be eligible to be awarded the Graduate Certificate of Social Science (Professional Counselling), and may progress to Stage 2: Graduate Diploma of Social Science (Professional Counselling).

FEES

Course Fees cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, individual and group clinical supervision, clinical attachments, and transcripts. For the Graduate Certificate of Social Science (Professional Counselling), personal counselling fees are also included. Course Fees *do not* include the cost of recommended textbooks and other reading material.

Administrative Fees cover practicum administration, professional indemnity, Swinburne material fees and online library, graduation in Singapore, and general administration.

The Course Fees are payable in 3 instalments.

Course Fees	S\$6,400.00
Administrative Fees	S\$830.00
Application Fees*	S\$150.00
FPS Premium**	S\$43.38
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Total without GST	S\$7,423.38
Total with GST	S\$7,943.02

** A non-refundable Application Fee of \$150.00 (subject to GST) is payable upon submission of the "Application Form for Admission" to Swinburne University of Technology.*

*** A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to GST) is included in the first instalment.*

(All fees and FPS premium rate are subject to revision.)

COURSE

STAGE 2: GRADUATE DIPLOMA OF SOCIAL SCIENCE (PROFESSIONAL COUNSELLING)

The Graduate Diploma of Social Science (Professional Counselling) is a part-time 6-month programme consisting of 4 units totaling 250 hours. It is the second stage of a 24-month “nested suite” course that also includes Stage 1: Graduate Certificate of Social Science (Professional Counselling), and Stage 3: Master of Social Science (Professional Counselling).

COURSE OVERVIEW

The Graduate Diploma of Social Science (Professional Counselling) is designed to develop counselling competencies and provide training for professionals who seek to incorporate advanced counselling skills in their primary occupational role. The aim is to equip our Counselling Interns with the knowledge, skills and dispositions to establish and maintain an effective alliance with their Clients in order to assist them to work through issues and concerns towards making an effective change. The course will introduce our Counselling Interns to the major theoretical principles and develop in them an understanding on how various interventions can be applied in counselling settings. Counselling Interns will also learn to competently apply research methodology in a multi-cultural setting. The course is intended to prepare Counselling Interns for professional practice as a counsellor in a range of human service organisations.

COURSE OBJECTIVES

By the end of the course, the graduates will be able to:

- a) gain a deeper understanding of the major theoretical approaches;
- b) examine professional ethics;
- c) undertake research into cross-cultural issues; and
- d) develop the knowledge and competencies to manage counselling issues and interventions.

DIRECT ENTRY REQUIREMENTS

Applicants should possess a recognised basic degree, be at least 25 years of age, demonstrate appropriate motivation and commitment to pursue the course, and provide evidence of appropriate opportunities for counselling practice and supervision. Applicants will be assessed for suitability through:

(a) a face-to-face interview; (b) submission of an essay of 200 words explaining why they have chosen to pursue a counselling programme, and what they intend to do with the qualifications attained; and (c) submission of one character reference from a referee who has good knowledge of the applicant's quality of work and suitability for a counselling programme.

Academic Prerequisite

Completed Graduate Certificate of Social Science (Professional Counselling) [or equivalent]

English Language Requirement

Applicants who do not possess at least 4 GCE "O" Level Credits, including for English Language, are invited to attempt the International English Language Testing System (IELTS) and must attain an overall band score of at least 6.5 points.

TEACHING METHODOLOGY

Counselling Interns will develop and enhance their counselling skills through an integrated approach based on lectures, role-plays, video viewing, small group discussions and clinical supervision.

UNIT CODES

- PSC70015: SPECIFIC APPROACHES TO COUNSELLING (12.5 CREDIT POINTS)
- PSC70017: ADVANCED INTERVENTIONS IN COUNSELLING AND GROUP PROCESSES (12.5 CREDIT POINTS)
- PSC70002: ASSESSMENT AND TREATMENT OF PSYCHOLOGICAL DISORDERS (12.5 CREDIT POINTS)
- PSC70009: COUNSELLING RESEARCH PROCESSES (12.5 CREDIT POINTS)

COMPONENTS AND CONTACT HOURS

STAGE 1 Graduate Certificate of Social Science (Professional Counselling)		STAGE 2 Graduate Diploma of Social Science (Professional Counselling)		
50 Credit Points Contact Hours (182)		50 Credit Points Contact Hours (250)		
Lectures	90	Lectures	125	
Case Management	28	Case Management	30	
Group Supervision	6	Group Supervision	9	
Individual Supervision	5	Individual Supervision	6	
Counselling Direct Contact Hours	10	Counselling Direct Contact Hours	30	
Personal Counselling	3	-	-	
Related Counselling Activities	10	Related Counselling Activities & Counselling Facilities Experiences	24	
Personal Journal	30	Personal Journal	26	
6 months		6 months		

COMPLETION AND CERTIFICATE AWARDED

Counselling Interns who successfully complete the course, and satisfy Swinburne University of Technology's awarding policy, will be eligible to be awarded the Graduate Diploma of Social Science (Professional Counselling), and may progress to Stage 3: Master of Social Science (Professional Counselling).

FEES

Course Fees cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, individual and group clinical supervision, clinical attachments, and transcripts. Course Fees *do not* include the cost of recommended textbooks and other reading material.

Administrative Fees cover practicum administration, professional indemnity, Swinburne material fees and online library, graduation in Singapore, and general administration.

The course fees are payable in 3 instalments.

Course Fees	S\$7,700.00
Administrative Fees	S\$1,300.00
Application Fees*	S\$150.00
FPS Premium**	S\$54.00
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Total without GST	S\$9,204.00
Total with GST	S\$9,848.28

** A non-refundable Application Fee of \$150.00 (subject to GST) is payable upon submission of the "Application Form for Admission" to Swinburne University of Technology.*

*** A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to GST) is included in the first instalment.*

(All fees and FPS premium rate are subject to revision.)

COURSE

STAGE 3: MASTER OF SOCIAL SCIENCE (PROFESSIONAL COUNSELLING)

The Master of Social Science (Professional Counselling) is a part-time 12-month programme consisting of 4 units totaling 568 hours. It is the third and final stage of a 24-month “nested suite” course that also includes Stage 1: Graduate Certificate of Social Science (Professional Counselling), and Stage 2: Graduate Diploma of Social Science (Professional Counselling).

COURSE OVERVIEW

The Master of Social Science (Professional Counselling) is specifically designed to deepen counselling knowledge mastery and heighten skills-performance. Apart from keeping abreast of new and emerging counselling theories, our interns will have ample opportunities to explore and analyse advanced intervention models and approaches and apply them in various authentic counselling settings.

The Master of Social Science (Professional Counselling) programme is taught and facilitated by academics with extensive clinical and field experience, and is awarded by the Swinburne University. The programme which can be completed in 24 months provides a professional qualification and is suitable for professionals involved in human resources, health, social services, and education. Professionals who are keen to enhance their communication and listening skills as well as hone further their skills in helping others to grow, will learn to transform their natural talents, abilities and inclinations towards a rewarding professional career.

An integral component of the three-stage programme is its 1,000 contact hours, which include 492 lecture contact hours; 23 hours of individual supervision; 39 hours of group supervision; and 100 hours of client counselling during Practicum placements.

Other features of the course outside of these contact hours include counselling-related learning, such as clinical experiences at Mount Elizabeth Hospital, observations and activities at Child Guidance Clinic, Institute of Mental Health, Family Service Centres, case note documentation, attendance at conferences and meetings as well as participation in discussions on case management with families, educators, social workers, doctors, psychiatrists and other professionals involved in mental health.

The main objectives of the programme are to ensure the acquisition of an advanced level of knowledge of key counselling approaches; and the development of critical competencies for immediate application in counselling practice. The Master of Social Science in Professional Counselling is recognised by the Singapore Association for Counselling (SAC) and Australian Counselling Association (ACA).

COURSE OBJECTIVES

By the end of the course, graduates will be able to:

- a) apply counselling, psychotherapeutic and psychological theories at an advanced level;
- b) implement various counselling approaches especially in Cognitive Behavioural Therapy or Family Therapy;
- c) act as a professional counsellor in accordance with ethical guidelines and professional boundaries;
- d) apply process of self-monitoring, self-examination and self-awareness in on-going personal and professional development; and
- e) utilise a set of advanced interpersonal skills which emphasises processes of facilitation.

DIRECT ENTRY REQUIREMENTS

Applicants should possess a recognised basic degree, be at least 25 years of age, demonstrate appropriate motivation and commitment to pursue the course, and provide evidence of appropriate opportunities for counselling practice and supervision. Applicants will be assessed for suitability through:

(a) evidence of a high standard of performance at the Graduate Diploma (or equivalent) level (b) a face-to-face interview; (c) submission of an essay of 200 words explaining why they have chosen to pursue a counselling programme, and what they intend to do with the qualifications attained; (d) evidence of appropriate supervised counselling experience; and (e) submission of one character reference from a referee who has good knowledge of the applicant's quality of work and suitability for a counselling programme.

Academic Prerequisites

Completed Graduate Certificate of Social Science (Professional Counselling) [or equivalent], and Completed Graduate Diploma of Social Science (Professional Counselling) [or equivalent]

English Language Requirement

Applicants who do not possess at least 4 GCE "O" Level Credits, including for English Language, are invited to attempt the International English Language Testing System (IELTS) and must attain an overall band score of at least 6.5 points.

TEACHING METHODOLOGY

Counselling Interns will develop and enhance their counselling skills through an integrated approach based on lectures, role-plays, video viewing, small group discussions and clinical supervision.

UNIT CODES

- PSC80010: ADVANCED COUNSELLING THEORIES (25.0 CREDIT POINTS)
- PSC80011: PROFESSIONAL PRACTICE AND COUNSELLING SETTINGS (25.0 CREDIT POINTS)
- PSC80004: ADVANCED COUNSELLING PLACEMENT (25.0 CREDIT POINTS)
- PSC80012: ADVANCED TRAINING IN COGNITIVE BEHAVIOURAL INTERVENTIONS [ELECTIVE] (25.0 CREDIT POINTS); OR
- PSC80005: ADVANCED TRAINING IN FAMILY THERAPY INTERVENTIONS [ELECTIVE] (25.0 CREDIT POINTS)

COMPONENTS AND CONTACT HOURS

STAGE 1 Graduate Certificate of Social Science (Professional Counselling)		STAGE 2 Graduate Diploma of Social Science (Professional Counselling)		STAGE 3 Master of Social Science (Professional Counselling)		TOTAL
50 Credit Points Contact Hours (182)		50 Credit Points Contact Hours (250)		100 Credit Points Contact Hours (568)		200 C.P 1000 hrs
Lectures	90	Lectures	125	Lectures	277	492
Case Management	28	Case Management	30	Case Management	100	158
Group Supervision	6	Group Supervision	9	Group Dynamics & Interventions	24	39
Individual Supervision	5	Individual Supervision	6	Individual Supervision	12	23
Counselling Direct Contact Hours	10	Counselling Direct Contact Hours	30	Counselling Direct Contact Hours	60	100
Personal Counselling	3	-	-	-	-	3
Related Counselling Activities	10	Related Counselling Activities & Counselling Facilities Experiences	24	Related Counselling Activities & Counselling Facilities Experiences	47	81
Personal Journal	30	Personal Journal	26	Personal Journal	48	104
6 months		6 months		12 months		24 Months

COMPLETION AND CERTIFICATE AWARDED

Counselling Interns who successfully complete the course, and satisfy Swinburne University of Technology's awarding policy, will be eligible to be awarded the Master of Social Science (Professional Counselling).

FEES

Course Fees cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, individual and group clinical supervision, clinical attachments, and transcripts. Course Fees *do not* include the cost of recommended textbooks and other reading material.

Administrative Fees cover practicum administration, professional indemnity, Swinburne material fees and online library, graduation in Singapore, and general administration.

The course fees are payable in 6 instalments.

Course Fees	S\$15,600.00
Administrative Fees	S\$1,300.00
Application Fees*	S\$150.00
FPS Premium**	S\$101.40

Total without GST	S\$17,151.40
Total with GST	S\$18,351.99

** A non-refundable Application Fee of \$150.00 (subject to GST) is payable upon submission of the "Application Form for Admission" to Swinburne University of Technology.*

*** A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to GST) is included in the first instalment.*

(All fees and FPS premium rate are subject to revision.)

COURSE

GRADUATE DIPLOMA IN CLINICAL SUPERVISION

The Graduate Diploma in Clinical Supervision is a part-time, 12-month programme that focuses on the fundamentals of supervision and provides a comprehensive introduction to the theory and practices of clinical supervision. Generic key concepts, skills, and approaches are explored for the application across different types of supervision required. It discusses the definitions, purposes and benefits of supervision. Using existing evidence to assist individuals in their role as supervisors, this course aims to provide students with the aptitude to supervise.

COURSE OVERVIEW

The aim of the course is to provide high quality multidisciplinary training in clinical supervision for professionals working in the mental health area. This course will address the growing gap between demand and availability of comprehensive training in the area of clinical supervision.

The course is intended to provide specialised skills in supervision across a range of professional disciplines and is designed to meet the needs of suitably qualified professionals (e.g., qualified counsellors, psychologists, psychiatrists, social workers and other mental health professionals) who are currently in supervisory capacity or intend to become supervisors.

COURSE OBJECTIVES

At the completion of course, graduates are expected to be able to:

- a) Apply cognitive skills to review, analyse, consolidate and synthesise knowledge and identify and provide solutions to complex problems within the supervisory context, and to think critically to generate and evaluate complex ideas
- b) Apply specialised and advanced technical and creative skills in the professional practice of supervision
- c) Use communication skills to demonstrate an advanced and broad understanding of theoretical concepts in supervision, to transfer complex knowledge and ideas to a variety of audiences
- d) Demonstrate the application of knowledge and skills to make high level, independent judgements in a range of technical or management functions in varied specialized clinical contexts
- e) Initiate, plan, implement and evaluate supervision practice within varied specialised technical and/or creative contexts
- f) Demonstrate responsibility and accountability for personal outputs and all aspects of the supervisory work or function of others (e.g., supervisees)
- g) Apply a broad range of theoretical models of, and skills in, supervision at an advanced level in a range of professional contexts
- h) Demonstrate the application of ethical practice in supervision and understand professional boundaries in clinical contexts and relationships
- i) Developing the skills in identifying legal and ethical issues

ENTRY REQUIREMENTS

Applicants should be at least 28 years old and possess a Master's degree in Counselling/Social Work/Nursing/Health/Services/Human Services or its equivalent. Applicants who possess a basic degree in similar disciplines, and have significant professional experience in a relevant field, may be considered for enrolment via the "Recognition of Prior Learning" pathway. Applicants should also have completed a minimum of 300 face-to-face direct counselling hours (post-graduation) and a minimum of 30 hours of individual/group supervision (post-graduation).

TEACHING METHODOLOGY

Students will develop and enhance their counselling skills through an integrated approach based on lectures, role-plays, video viewing, small group discussions and peer clinical supervision.

UNIT CODES

- PSC60015: INTRODUCTION TO CLINICAL SUPERVISION (12.5 CREDIT POINTS)
- PSC70020: INTEGRATIVE AND POSTMODERN MODELS IN SUPERVISION (12.5 CREDIT POINTS)
- PSC70019: DEVELOPMENTAL AND PSYCHODYNAMIC MODELS IN SUPERVISION
(12.5 CREDIT POINTS)
- PSC60017: CBT MODELS IN SUPERVISION (12.5 CREDIT POINTS)
- PSC70021: SYSTEMIC MODEL IN SUPERVISION AND GROUP BASED INTERVENTIONS
(12.5 CREDIT POINTS)
- PSC60016: ETHICAL AND LEGAL ISSUES IN SUPERVISION (12.5 CREDIT POINTS)
- PSC60018: PEER AND GROUP PRACTICAL SUPERVISION AND ASSESSMENT
(12.5 CREDIT POINTS)
- PSC70022: LIVE SUPERVISION AND PLACEMENT (12.5 CREDIT POINTS)

COMPONENTS AND CONTACT HOURS

Graduate Diploma in Clinical Supervision

100 Credit Points
Contact Hours (390)

Lectures	205
Group Supervision with Different Modalities	19
Group Supervision with Groups	6
Informal Peer Supervision Practice	11
Formal Peer Supervision of Live Supervision	2
Supervision with Supervisees	8
Live Supervision with Assessor	16
Case Management	43
Related Supervision Experiences	10
Personal Journal & Reflections	70

12 months

COMPLETION AND CERTIFICATE AWARDED

Students who successfully complete the course will be eligible to be awarded the Graduate Diploma in Clinical Supervision.



The Graduate Diploma in Clinical Supervision is recognised by the Australian Counselling Association (ACA) as a specialist training programme that meets ACA criteria for entry into ACA's College of Supervision.

FEES

Course Fees cover all lectures and other classroom sessions that are part of the curriculum, lecture notes and handouts, student manuals, assessments, and transcripts. Course Fees *do not* include the cost of recommended textbooks and other reading material.

Administrative Fees cover professional indemnity, Swinburne material fees and online library, graduation in Singapore, and general administration.

The course fees are payable in 6 instalments.

Course Fee	S\$15,522.43
Administrative Fee	S\$1,150.00
Application Fee*	S\$150.00
FPS Premium**	S\$100.03

Total without GST	S\$16,922.46
Total with GST	S\$18,107.03

** A non-refundable Application Fee of \$150.00 (subject to GST) is payable upon submission of the "Application Form for Admission" to Swinburne University of Technology.*

*** A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to GST) is included in the first instalment.*

(All fees and FPS premium rate are subject to revision.)

COURSE

GRADUATE CERTIFICATE IN SPECIALIST FORENSIC ASSESSMENT AND RISK MANAGEMENT

The Graduate Certificate in Specialist Forensic Assessment and Risk Management is a full-time, 12-month programme consisting of 4 units totaling 396 contact hours (Face-to-Face and Online).

COURSE OVERVIEW

The Graduate Certificate in Specialist Forensic Assessment and Risk Management provides advanced training in how and under what circumstances to conduct standardised risk assessments on a range of violent behaviours (e.g. interpersonal violence, sexual violence, intimate partner violence) and how to devise appropriate management plans to reduce any identified risks. Graduates will attain specialised knowledge of the principles, approaches and methods relevant to these types of risk assessment and management plans.

COURSE OBJECTIVES

At the completion of the course, graduates will be able to:

- a) apply knowledge of theory in the specialised area of violence risk assessment and management
- b) apply specialised knowledge of the principles, approaches and methods relevant to violence risk assessment and management
- c) demonstrate the capacity to comprehend, synthesise and critically evaluate complex information required to undertake risk assessment and management
- d) identify and analyse relevant information to undertake a comprehensive violence risk assessment and generate appropriate risk management strategies
- e) apply communication skills to formulate and transmit the outcomes of forensic risk assessment and appropriate management strategies to a diverse audience
- f) adapt knowledge and skills to a variety of contexts and potential client groups, independently and responsibly
- g) demonstrate judgement in applying the principles of violence risk assessment and the ability to effectively communicate findings to others
- h) demonstrate ability to apply the principles of violence risk assessment and management with integrity and informed by relevant ethical considerations.

ENTRY REQUIREMENTS

Standard Entry Requirements

A recognised Bachelor's degree.

Non-Graduate Special Entry Requirements

1. Minimum 5 years of relevant work experience
2. Submission of a 500- to 750-word statement demonstrating suitability for the course
3. Face-to-face interview or via telephone

Applicants who do not have a Bachelor's degree but have relevant work experience (e.g. in mental health settings, social work, hospitals, prisons and custodial institutions, police force, legal settings) may be granted entry on the basis of the applicant's suitability for the program.

Students are expected to be computer literate and to have internet access.

TEACHING METHODOLOGY

Students will develop and enhance their competencies through an integrated approach based on E-Learning, Face-to-Face lectures, role-plays, video viewing, and small group discussions.

UNIT CODES

FBS80001: CORE SKILLS IN FORENSIC PRACTICE (12.5 CREDIT POINTS)

96 HOURS (ONLINE)

This unit aims to raise students' awareness of a range of systemic and interpersonal dynamics that can interfere with therapeutic relationships in forensic contexts and increase the likelihood of ethical dilemmas arising. The unit will allow students to develop knowledge and skills to both understand their clients' actions more effectively, and be conscious of their own roles and power as practitioners in a forensic setting.

FBS80003: PRINCIPLES OF VIOLENCE RISK ASSESSMENT & MANAGEMENT (12.5 CREDIT POINTS)

108 HOURS (ONLINE)

This unit aims to provide students with the background knowledge necessary to understand and communicate about risks of violence and other forms of offending. The unit will enable students to interpret violence risk assessments, help to develop risk management plans, and to understand the kinds of individual and environmental factors that are associated with increased risk of offending.

FBS80004: ADVANCED VIOLENCE RISK ASSESSMENT (12.5 CREDIT POINTS)

96 HOURS (ONLINE)

This unit introduces students to the range of specific risk assessment tools that are available for different types of risk assessment (e.g., sexual offending, violent offending, and other offending). The unit will enable students to critically appraise the strengths and weaknesses of risk assessment tools, to generate violence risk formulations and to effectively communicate the results of risk assessments. It will also provide students with access to training on the HCR-20 V3 violence risk assessment tool.

FBS80005: MENTAL DISORDER AND OFFENDING (12.5 CREDIT POINTS)

96 HOURS (INCLUSIVE OF 36 HOURS FACE-TO-FACE LECTURES)

This unit will provide students with an understanding of the complex relationship between different types of mental disorder and offending behaviour. The unit will enhance students' decision-making about many aspects of forensic work, including risk assessment, treatment and management of mentally disordered offenders. It will also equip students with fundamental knowledge about legal processes applied to mental disorders.

CONTACT HOURS

Total Online and Face-to-Face: 396 Hours

Inclusive of 36 Hours of Face-to-Face Lectures

COMPLETION AND CERTIFICATE AWARDED

Students who successfully complete the course will be eligible to be awarded the Graduate Certificate in Specialist Forensic Assessment and Risk Management.

COURSE FEES

Course Fees cover all lectures that are part of the curriculum, lecture notes and handouts, student manuals, assessments, and transcripts. Course Fees *do not* include the cost of recommended textbooks and other reading material.

Administrative Fees cover professional indemnity, Swinburne material fees and online library, graduation in Singapore, and general administration.

The course fees are payable in 3 instalments.

Course Fee	\$8,500.00
Administrative Fee	\$850.00
Application Fee*	\$150.00
FPS Premium**	\$56.10
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Total Fees without GST	\$9,556.10
Total Fees with GST	\$10,225.03

* A non-refundable Application Fee of \$150.00 (subject to GST) is payable upon submission of the "Application Form for Admission" to Swinburne University of Technology.

** A Fee Protection Scheme ("FPS") premium amounting to 0.6% of the Course Fees and Administrative Fees (subject to GST) is included in the first instalment.

(All fees and FPS premium rate are subject to revision.)

THE SUNFLOWER



Sunflowers are a symbol of loyalty and constancy. No matter where they are planted, sunflowers will tilt up their faces and follow the sun across the sky. When the sun sets, sunflowers will tilt down only to lift up their faces yet once again towards the sun the next day. The petals of the sunflower resemble the rays of the sun, beaming warmth, joy and hope. This bright, nourishing

and energetic disposition of the sunflower serves as a metaphor to the purpose and intent of Counsellors – we seek to charge a positive energy that helps, heals, and gives hope.

HOPE, HEAL & HELP

Hope

ECTA aspires to instill hope in our Graduates by providing them with an opportunity to fulfil their dreams and passion.

Following the training offered, our Graduates will in turn inspire hope in their Clients.

Heal

The education offered at ECTA takes our Graduates on a journey of healing from within, and this personal experience will enable our Graduates to explore with their Clients this same healing process during their counselling sessions.

Help

ECTA believes that we can help to restore one's physical, spiritual, psychological, and emotional well-being, which is the key to holistic growth.



TO APPLY FOR ANY OF THE COURSES

please submit an online application at www.ecta.edu.sg

FOR ENQUIRIES

please email us at info@ecta.edu.sg or call **+65 6346 6411** during office hours

GENERAL CONTACT INFORMATION

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